

**ALBION STREET GROUP PRACTICE
NEWSLETTER WINTER UPDATE 2018/19**

www.albionstreetgrouppractice.co.uk

There is still time to get your flu vaccine. Please speak to reception if you haven't had it yet



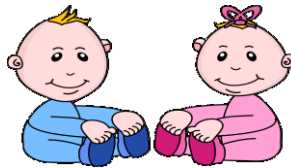
LADIES

Is your smear test due?

Book your appointment with the nurse at Albion Street or if you prefer Saturday Appointments are available at Bermondsey Spa Medical Centre. Please speak to the receptionist at Albion Street to book. If you have had a smear test privately or abroad please give the receptionist a copy of the result for our records.

Is your child due any immunisations?

Book the appointment with the nurse. There are Saturday appointments available at Bermondsey Spa Medical Centre if that is more suitable. Speak to reception to book appointments



Please come and join us at the Patient Participation Group meeting on:
Thursday 31st January at 2pm
to find out what's happening locally in healthcare and at Albion Street



All patients are welcome

Bowel Cancer Screening.

Bowel screening is a way of testing healthy people to see if they show any early signs of cancer.

Bowel cancer screening can save lives. Screening aims to detect bowel cancer at an early stage, when treatment has the best chance of working. The test can also find polyps (non-cancerous growths), which might develop into cancer. Polyps can easily be removed, to lower the risk of bowel cancer.

From the age of 60 you will be invited to take part in the screening, then every two years until you reach the age of 75.

Each of the screening programmes in the UK use home tests, which look for hidden blood in poo. If you are registered with a GP and within the eligible screening age range, a test will be automatically posted to you, so you can complete it in the privacy of your own home.

Please ask the Doctor or Nurse if you want more information about this

E-Consult On Monday 21st of Jan we went live with 'E-consults'.

This is another way of consulting with a Doctor on-line.

If you visit our home page albionstreetgrouppractice.co.uk it will take you through what to do. You can use this facility to ask a Doctor about symptoms or medical problems, or you can use this method for follow up with a Doctor who knows you.

You can also ask administrative queries- such as results, sick notes and requesting letters.

Please note this method of consulting is not for emergency advice. We will respond to you within 48 working hours.



Comments or suggestions; are welcome from all our patients. There is a "suggestion" box in the main reception area and another on the first floor. These are reviewed regularly at staff and PPG Meetings



We will be closed between 1-4pm on the 3rd Thursday of every month for Staff Training



Please fill out a Friends and Family survey at reception and put it in the collection box. Your feedback is important to us.